



**Sustainable
San Mateo County**
Economy. Equity. Environment.

Sustainable San Mateo County's Interns Learn How to Shape Local Policy

Sustainable San Mateo County works closely with student interns, teaching them to research and create proven solutions for our Sustainability Ideas Bank that help cities accelerate climate action. In the process, they discover how local government works. Here's what some of our interns told us.

"My internship with SSMC was truly transformative. It ignited a passion for environmental justice and sustainable city planning and has led me to pursue a career in urban planning focused on sustainability."

—**Lizzie Avila, student at Stanford University**



"We focus on really important macro issues, but it's also important to focus on local issues because that's where a lot of change really happens. After my time at SSMC, I got really involved in my school's environmental club, and we do things like sending letters to local representatives and speaking at council meetings."

—**Colin Cham, student at The Nueva School**

"Interning at Sustainable San Mateo County taught me how to collaborate with others on a professional level."

—**Stella Wettan, student at Burlingame High School**

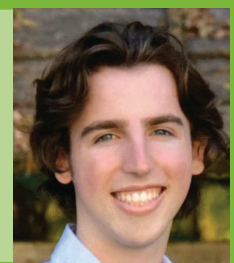


"Your understanding and flexibility helped me develop key professional skills. Thanks to you, I was able to learn about the importance of organization, collaboration and communication within the workplace."

—**Etaash Patel, student at The Nueva School**

"I have always been interested in sustainability but wasn't sure whether I could make a career out of it. Interning with SSMC offered a behind-the-scenes look at what it takes to foster real change and showed that, with passion, I could pursue a career in environmental advocacy."

—**Jacob Reed, student at Tulane University**



Thank you for your support!

You can help SSMC expand its internship program by donating on our website at sustainablesanmateo.org/donatevolunteer, by texting SUPPORTSSMC to 44-321, or by mailing a check to: SSMC, 3182 Campus Drive #153, San Mateo, CA 94403.



**Sustainable
San Mateo County**
Economy. Equity. Environment.

Sustainable San Mateo County's Interns Learn How to Shape Local Policy

Sustainable San Mateo County's interns learn how government works at the local level and how they can influence elected leaders to take action to address climate change and other issues. Here's what some of our interns said they learned.

"Interning with SSMC offered an intimate introduction to the spectrum of climate-related policies that could be implemented in the Bay Area. I am grateful for my exposure to the Ideas Bank as it confirmed my career aspirations in the climate space."

—**Nikita Salunke, student at Stanford University**



"As an intern at Sustainable San Mateo County, I learned about the inner workings of policymaking in San Mateo County and why putting community needs first matters most in ensuring equity and safety for all citizens and the environment."

—**Cora Haggarty, student at Burlingame High School**

"My two summers interning with SSMC gave me a new holistic lens to solving humanity's greatest challenges. SSMC introduced me to other youth activists and greatly influenced my decision to pursue a career that interweaves the Social Sciences with sustainability."

—**Sebastien Ludwig, student at Aragon High School**

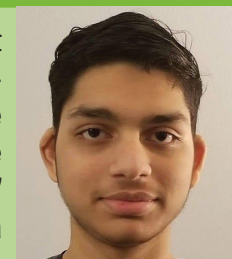


"My internship with Sustainable San Mateo County introduced me to a wide variety of careers in sustainability and helped me decide to pursue a Master's in Environmental Communication."

—**Megan King, student at Stanford University**

"Interning with SSMC was an inspiring experience that changed my outlook on the world. It provided an opportunity to collaborate on innovative solutions to create a more sustainable future. I will use what I've learned to promote sustainability and make a positive impact in my community."

—**Rishabh Sablok, student at Queen's University in Canada**



More Information

SSMC's internship openings are posted here when they are available: sustainablesanmateo.org/home/about/opportunities. To help support this program, please donate on our website at sustainablesanmateo.org/donatevolunteer or text SUPPORTSSMC to 44-321.