Senior Health in San Mateo County — Current Status and Future Trends

prepared by
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Ecologic Institute is a private not-for-profit think tank for applied environmental research, policy analysis and consultancy with offices in Berlin, Brussels and Vienna in the EU, and Washington DC and San Mateo, CA in the US.

The Ecologic Institute, Washington DC, is an independent non-profit think-tank for applied environmental research, policy analysis and consultancy. Its mission is to promote transatlantic understanding of environmental policies, sustainable economic and political development, and environmental protection through research, publications, educational exchanges, and public events. The Institute cooperates closely with Ecologic Institute in Berlin, Germany.

Ecologic Institute Berlin, Germany

Ecologic Institute in Berlin, Germany, was founded in 1995 as an independent research institute. Since its founding, Ecologic Institute has built a reputation for excellence in trans-disciplinary and policy-relevant research. Through its participation in large-scale international collaborations, Ecologic Institute increases the relevance of its project results and improves communication among scientists, policymakers and the public. Ecologic Institute also provides ongoing expert advice on emerging issues through its framework agreements with the European Parliament (Consultancy for the Environment Committee and Framework Contract Development Policy), the European Environment Agency and the European Commission, e.g., DG Research. The insights of Ecologic’s staff provide practical ways forward for policymakers seeking to address complex challenges. Over the years, Ecologic’s work has informed the decision-making processes of a wide variety of international institutions, national ministries, sub-national and local authorities and non-profit organizations.

About Sustainable San Mateo County

Sustainable San Mateo County is a non-profit, 501(c)(3) public benefit corporation dedicated to the long term health of our county's economy, environment and social equity by educating about sustainability. Core programs include the Indicators Report, a Report Card of sustainability measures released annually since 1997, and the annual Sustainability and Green Building Awards Event which heightens community awareness about sustainability by honoring local businesses, community groups, and individuals that have demonstrated an outstanding commitment to sustainable practices. Founded in 1992 by a small group of forward-thinking San Mateo County residents, Sustainable San Mateo County is a community-based organization. It relies primarily on the support of volunteers who contribute hundreds of hours to conceive, plan, and execute programs. Operating funds come from individuals, businesses, government agencies, and foundations.
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## Abbreviations

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<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tbody>
<tr>
<td>AAA</td>
<td>Area Agency on Aging</td>
</tr>
<tr>
<td>AAS</td>
<td>Aging and Adult Services of San Mateo County Health System</td>
</tr>
<tr>
<td>BHRS</td>
<td>Behavioral Health and Recovery Services</td>
</tr>
<tr>
<td>BRFSS</td>
<td>Behavioral Risk Factor Surveillance System</td>
</tr>
<tr>
<td>EI</td>
<td>Elder Index</td>
</tr>
<tr>
<td>HPSA</td>
<td>Health Professional Shortage Area</td>
</tr>
<tr>
<td>HRR</td>
<td>Hospital Referral Region</td>
</tr>
<tr>
<td>IHSS</td>
<td>In-Home Supportive Services</td>
</tr>
<tr>
<td>MSSP</td>
<td>Multipurpose Senior Services</td>
</tr>
<tr>
<td>MUA/P</td>
<td>Medically Underserved Area / Population</td>
</tr>
<tr>
<td>SMC</td>
<td>San Mateo County</td>
</tr>
<tr>
<td>SMC HS</td>
<td>San Mateo County Health System</td>
</tr>
<tr>
<td>SSS</td>
<td>Self-Sufficiency Standard</td>
</tr>
<tr>
<td>TOD</td>
<td>Transit-Oriented Development</td>
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